

Nisswa Parks & Rec Winter 2016-2017

Youth Programming



Basketball

Grades 2-4: Boys and girls of all abilities are welcome. Players will learn the basics of the game in a skills clinic type setting. We will be scrimmaging against each other as well as possibly another community. Will not meet over holiday break. Sneakers and comfortable attire is required. This is a volunteer coach driven program, coaches are needed.

When: December 10-January 14. Meets on Tuesdays 3:00-4:00 PM and Saturdays 10:00-11:00 AM

Where: Nisswa Elementary Gym

Deadline: December 4

Cost: \$45 (after deadline: \$55)

Afterschool Art

Ages 5-11: Let's explore different art mediums together! We will learn different techniques of painting and drawing as well as picking up some tools for fibers. Express your creativity with hands on work time and bring home your own creation after each class!

When: December 6-January 5 Tuesdays & Thursdays, 3:00-4:00 PM (excluding holiday break)

Where: Nisswa School Community Room

Deadline: December 2

Cost: \$50 (after deadline: \$60)

Skating Lessons

Ages 5+: Must be age 5 by December 31, 2016. Skaters will learn basic skating skills and participate in safe and easy drills to develop skaters. Skaters of all ages and abilities are welcomed interest in hockey not needed! Skates, helmet, and stick (if interested in hockey) are required. Elbow pads and shin guards are recommended.

When: January 10-February 18. Meets on Tuesdays 5:30 PM and Saturdays 9:00 AM

Where: Nisswa Park rink

Deadline: December 30

Cost: \$35 (after deadline: \$45)



Penguins Pond Hockey

Ages 7-10: Must be age 7 by December 31, 2016. End of season Jamboree will be at Essentia Health Sports Center in late February depending on available ice time. Equipment required: stick, skates, shin guards, elbow pads, helmet with mask, and mouth guard. This is a volunteer coach driven program, coaches are needed.

When: January 3 - Late February. Practices are on Tuesdays @ 6:00 PM and Saturdays 10:00 AM with games generally on Saturdays and a few on Tuesdays.

Where: Nisswa Park rink

Deadline: December 23

Cost: \$45 (after deadline \$55)

Ice Dogs Pond Hockey

Ages 11-15: Must be age 11 by December 31, 2016. End of season Jamboree will be at Essentia Health Sports Center in late February depending on available ice time. Equipment required: stick, skates, shin guards, elbow pads, helmet with mask and mouth guard. This is a volunteer coach driven program, coaches are needed.

When: January 5 - Late February. Practices are on Mondays & Thursdays @ 6:30 p.m. with games generally on Saturdays and few on Thursdays.

Where: Nisswa Park rink

Deadline: December 23

Cost: \$45 (after deadline \$55)




Time For Play

We have a “playgroup” at the Nisswa Community Center for children ages 6 and under.

Mondays, Wednesdays & Fridays from 9:00 a.m.-12:00 p.m. (October-April)

Ride on toys, slide, parachute, cars, blocks, play houses, etc. Bring a sack lunch if you wish. Cost is \$2 per day per child over 12 months of age. Children must be accompanied by an adult. No registration is required, just come to the Community Center for some fun!



Please check our  page for cancellations: “Nisswa Time for Play”

Adult Programming



Intro to Homebrewing Beer

Come learn the basics of homebrewing beer. Get familiar with the equipment and process of brewing your very own beer at home. Other topics will include fermentation, trouble shooting, bottling, and kegging as well as great resources and support to refine your craft of beer making. Class size is limited. Instructor: Lonnie Smith, Blue Ox Brewer's Society brewer.

Dates: December 20

Time: 6:00 - 8:00 PM

Where: Nisswa Community Center

Deadline: December 9

Cost: \$25 (after deadline: \$35)

Essential Oils Classes

Immune Defense: 90 minute class: Get ready to support your immune system for Fall/ Winter seasons! School is in session and that means GERMS! Whether you have school age children, you have a chronic illness, have a weak immune system, or just want to support your body, we have solutions for you! Class will cover Intro to Essential Oils, Safety, and Detailed Instruction on use of products. There will be a "Make and Take" session included, all supplies and oils are included in the registration cost of this class. 4 recipe options, you can choose 2 to make and bring home with you.

When: December 15

Where: Nisswa Community Center

Deadline: December 9

Cost: \$25 (after deadline(\$35))

Build- A- Babe: 2 hour class: Are you a Mama or Mama- to- be? Come learn from an experienced mama about how to support your wellness while you build your babe (or babes!) beginning in pregnancy and going into early childhood. Daddies and caregivers welcome, too! We will cover Intro to Essential Oils, Safety, Pregnancy, Labor and Delivery, and Infancy and Early Childhood. There will be a "Make and Take" session included, all supplies and oils are included in the registration cost of this class. 5 recipe options, you can choose 2 to make and bring home with you.

When: January 12

Where: Nisswa Community Center

Deadline: January 6

Cost: \$25 (after deadline(\$35))

Community Center Rental

Non-Profit Organizations

Educational Seminars

Private Special Events

Weddings, Reunions, Anniversaries

Company Holiday Parties, Birthday Parties, Workout Classes

For more information, call 218-963-4444 or visit cityofnisswa.com



Registration Form

Please use one registration form per participant. Photo copy if you need one for another participant.

Mail or drop registration form at

Nisswa City Hall P.O. Box 410 Nisswa, MN 56468

Make check out to Nisswa Parks & Recreation

Questions contact Alex at 218-963-0047 e-mail: ahondl@ci.nisswa.mn.us

Name _____ Birthdate _____ Age _____

Parents' Name _____ E-mail address _____

Home/Cell Phone _____ Work Phone _____

Address _____ City _____ Zip _____

Late registrations will be accepted on a space available basis only.

- Basketball \$45
- Afterschool Art \$50
- Skating Lessons \$35
- Penguins Pond Hockey \$45
- Ice Dogs Pond Hockey \$45
- Intro to Homebrewing \$25
- Essential Oils -Immune Defense \$25
- Essential Oils –Build-A-Babe \$25



“Nisswa Parks & Rec”

Total Registration: _____

_____ I want to make a difference and will coach or help coach

