

Nisswa Parks & Rec Winter 2017-2018

Youth Programming

Basketball

Grades 2-4: Boys and girls of all abilities are welcome. Players will learn the basics of the game in a skills clinic type setting. We will be scrimmaging against each other as well as possibly another community. Will not meet over holiday break. Sneakers and comfortable attire is required. This is a volunteer coach driven program, coaches are needed.

When: December 9-January 13. Meets on Tuesdays 6:00—7:00 PM and Saturdays 11:00—12:30 PM

Where: Nisswa Elementary Gym

Deadline: December 3

Cost: \$50

Afterschool Art

Ages 5-11: Let's explore different art mediums together! We will learn different techniques of painting and drawing as well as picking up some tools for fibers. Express your creativity with hands on work time and bring home your own creation after each class!

When: December 5-January 4 Tuesdays & Thursdays, 3:00-4:00 PM (excluding holiday break)

Where: Journey Church—Across the parking lot from the school

Deadline: December 1

Cost: \$60

Skating Lessons

Ages 5+: Must be age 5 by December 31, 2017. Skaters will learn basic skating skills and participate in safe and easy drills to develop skaters. Skaters of all ages and abilities are welcomed, interest in hockey not needed! Skates, helmet, and stick (if interested in hockey) are required. Elbow pads and shin guards are recommended.

When: January 9-February 17. Meets on Tuesdays 5:30 PM and Saturdays 9:00 AM

Where: Nisswa Park rink

Deadline: December 30

Cost: \$40



Penguins Pond Hockey

Ages 7-10: Must be age 7 by December 31, 2017. End of season Jamboree will be at Essentia Health Sports Center in late February depending on available ice time. Equipment required: stick, skates, shin guards, elbow pads, helmet with mask, and mouth guard. This is a volunteer coach driven program, coaches are needed.

When: January 2 - Late February. Practices are on Tuesdays @ 6:00 PM and Saturdays 10:00 AM with games generally on Saturdays and a few on Tuesdays.

Where: Nisswa Park rink

Deadline: December 22

Cost: \$50



Ice Dogs Pond Hockey

Ages 11-15: Must be age 11 by December 31, 2017. End of season Jamboree will be at Essentia Health Sports Center in late February depending on available ice time. Equipment required: stick, skates, shin guards, elbow pads, helmet with mask and mouth guard. This is a volunteer coach driven program, coaches are needed.

When: January 4 - Late February. Practices are on Mondays & Thursdays @ 6:30 p.m. with games generally on Saturdays and few on Thursdays.

Where: Nisswa Park rink

Deadline: December 22

Cost: \$50

Babysitter Training Class

Ages 10 + up: This interactive class will teach the basics of babysitting childcare for all ages, basics of first aid, the importance of TLC, what to do in an emergency and fun activities to do with children. Students who attend will receive a babysitter guide along with a certificate of completion. Bring a sack lunch and a water bottle. Instructors are Terry Spielman and Amanda Sifferath.

When: Saturday, January 20th, 8:30 am—2:30 pm

Where: Nisswa Community Events Center

Deadline: January 5th

Cost: \$45




Time For Play

We have a “playgroup” at the Nisswa Community Center for children ages 6 and under.

Mondays, Wednesdays & Fridays from 9:00 a.m.-12:00 p.m. (October-April)

Ride on toys, slide, parachute, cars, blocks, play houses, etc. Bring a sack lunch if you wish. Cost is \$2 per day per child over 12 months of age. Children must be accompanied by an adult. No registration is required, just come to the Community Center for some fun!

Please check our  page for cancellations: “Nisswa Time for Play”



Adult Programming

Cooking Classes

Matt Annand, Executive Chef/co-owner at 3 Cheers Hospitality, will be leading all classes

When:

Class #1—Winter Soups, Dive into bisques, chowders, cream and broth style soups. Discover how simple techniques can transform “ok” soups into great ones! Caramelizing to deglazing and thickening. Strengthen your approach and open up your creativity! Arrive hungry! Make and take! Containers will be provided. **December 14, 2017, 6:30—8:30pm**

Class #2—Culinary Basics, Learn to apply the techniques of great restaurant kitchens inot your own! Chefs secrets revealed! Erase the mystery and Let’s make cooking fun again! You will be a better cook after taking this class! Cutting and slicing to garnishing and braising. Treats provided throughout the session. **January 18, 2018, 6:30—8:30pm**

Class #3—Sushi Make Easy, Interactive session! We will roll and eat. Eat and roll!!! Perfect rice with no special equipment! See how simple creating your own sushi party can be! Maki rolls to sashimi, tempura and spring rolls. Come with an appetite. **February 15, 2018, 6:30—8:30pm**

Where: Nisswa Community Events Center

Deadline: One week prior to each class. You can sign up for all three at once if you choose.

Cost: \$35 per class

Essential Oils 101—Make and Take

Come and learn about Young Living therapeutic grade essential oils, and how they can be used to turn your house into a chemical free home! Handouts will be provided, you will be able to sample oils, and make and take home the following: Pillow spray, Immunity Roller and Lavender Sugar Scrub. This Class is taught by Missy Trees.

When: February 13, 2018

Where: Nisswa Community Events Center

Deadline: February 2, 2017

Cost: \$15.00 to register, plus \$15.00 the night of the event to cover costs of products.

Retirement Seminar

Join Jason Martinson, *Edward Jones*, Jeff Ouradnik, *Ouradnik Insurance*, and Rene Millner, *Breen and Person Law Office*, to guide you in planning your estate and healthcare for the future. This is being provided to the residents of the Nisswa area at no cost and all ages are welcome. Topics will be Long Term Care, Medicare, Estate Planning (including power of attorney, health care directives and will/trust)

When: December 12, 2017, 4:30 pm-6:00 pm

Where: Nisswa Community Events Center

Deadline: December 1, 2017

Cost: Free



Registration Form

Please use one registration form per participant. Photo copy if you need one for another participant.

Mail or drop registration form at

Nisswa City Hall P.O. Box 410 Nisswa, MN 56468

Make check out to Nisswa Parks & Recreation

Questions contact Matthew at 218-963-0047 e-mail: mhill@ci.nisswa.mn.us

Name _____ Birthdate _____ Age _____

Parents' Name _____ E-mail address _____

Home/Cell Phone _____ Work Phone _____

Address _____ City _____ Zip _____

Late registrations will be accepted on a space available basis only.

- Basketball \$50
- Afterschool Art \$60
- Skating Lessons \$40
- Penguins Pond Hockey \$50
- Ice Dogs Pond Hockey \$50
- Babysitting Class \$45
- Cooking Class \$35 x ____ (number of classes)
- Essential oils 101 \$15



"Nisswa Parks & Rec"

Total Registration: _____

_____ I want to make a difference and will coach or help coach

Signature: _____

